

Keeper of Dreams: An Angel in Layers

An angel as a *Keeper of Dreams* is more than a guardian—it is a quiet protector of our deepest hopes, the tender aspirations we cradle in our hearts, and the whispers of our subconscious. These angels don't just watch over us; they nurture and safeguard our dreams, offering gentle reminders of forgotten desires, rekindling creative sparks, and whispering encouragement in moments of doubt.

In this soulful mixed media lesson, we'll be deep in **my mixed media favorites**—working with my **favorite subject, wings**, and layering in **some of my favorite techniques** to bring your *Keeper of Dreams* to life. You'll create a symbolic angel in profile, using sculpted textures, delicate feathers, and my most-loved mixed media processes. More than just artwork, this piece will hold space for your dreams, a *Protector of Vulnerabilities* infused with personal meaning and quiet reflection.

We'll explore the art of layering, working with **some of my favorite materials**—embroidered fabrics, lace, origami papers, and molding paste—to shape an ethereal presence. Through each thoughtful addition, you'll weave your story into the canvas, embedding your dreams within the textures.

This is an invitation to create from the heart, to honor the dreams that whisper to you in the quiet, and to give form to the unseen guardians that watch over them.

Are you ready to bring your *Keeper of Dreams* to life?

Supply List

- **Substrate:** Small board, canvas or art journal page—*any size and material you wish (I'm using a 12" x 12" (30cm x 30cm) Stretched Canvas*
- **Adhesive** – [Matte gel medium](#)
- [Heavy Gel Medium](#) (optional)
- [Molding Paste](#)
- Palette knife
- [Origami Papers](#)
- [Stabilo all pencil in Black](#)
- Old vintage papers, collage papers, personal letters, postcards etc,
- [Embroidered fabric](#), Fabric scraps, lace, momentos
- [Sara transfer paper](#), or [carbon paper](#)
- Pen for tracing
- Acrylic Paints: Primary Red, Primary Yellow, Titanium White, Zinc White and [Golden Bright Iridescent](#)
- [Alcohol Inks in gold and white](#) (optional)

Please note: These are Amazon affiliate links which support the production of this lesson, without costing you anything more.

Keeper of Dreams Pin Board: <https://ca.pinterest.com/delightrogersart/keeper-of-dreams/>

Angel Wing Template: <https://drive.google.com/file/d/1QK7yCjITEjlm9xVz0iZw7kZJRfReHuWM/view?usp=sharing>

