



# Kindred Spirits GIANT PANDA

*With Ida Andersen Lang*





## **Welcome dear friend, to “Kindred Spirits - Giant Panda”.**

Journey into the serene mystique of the bamboo forest and discover the essence of the Panda, a symbol of balance, wisdom, and tranquility. In this mixed media class, we'll explore the magic of combining waterproof ink and water-soluble color pencils in an intuitive mixed media experience. We will create a piece infused with the panda's quiet strength and spiritual energy.

In the following pages, you will find everything you need for the project.

First, you will find a description of the materials I use. Feel free to be inspired and adapt to the materials you already own.

In the end of these pages, you will find the reference photo I use and a traceable.

Let's begin the journey.

Love and Light and Creative Joy!

Ida Andersen Lang





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# Art Supplies

In this section you will find images and lists of the exact art supplies that I use in the project. Please note, that you do not need to have the exact same things. Use what you have, be inspired and improvise.





# ART SUPPLIES LIST

Please note: the materials listed are the exact materials I use. Feel free to adapt and improvise.

See Image for visual inspiration.

## PAPER

I use Canson XL Aquarelle 300 gms – I recommend this, or use your favourite watercolor paper

## BRUSHES

I use an assortment of round watercolor pencil from approximately size 1, 2, 3 and 4, both sable and synthetic works fine. Just use what you have

## TOOTHBRUSH

I also use a toothbrush for some spattering and spraying

## BLACK INDIAN INK (waterproof)

I use Indian Ink from Winsor & Newton, but you can use any brand. You can also use black acrylic ink, but if you want the paint to act like in the video, I recommend waterproof indian ink.

## WATERCOLOR PENCILS

I use Faber Castell Albrecht Durer:

183 Light Yellow Ochre, 178 Nougat, 102 Cream, 158 Deep Cobalt Green, 166 Grass Green, 172 Earth Green

## WATER PROOF COLOR PENCILS

I use Faber Castell Polychromos:

101 White

## WATERCOLOR PANS

I use a bit of Gold Watercolor from Schmincke for the stars.

## MARKERS AND PENCILS

Soft Graphite for tracing--fx 4B, Black Rollerball Pen, Black Fineliner--fx 0.3

## ACRYLICS

White Acrylic Ink (Titanium White)

## MISCELLANEOUS

Pencil Sharpener, Kneaded eraser for adjusting your drawing, Stick Eraser for adjusting your drawing Graphite pencil for drawing or tracing the image (you'll need to make a waterproof trace), Posca Pens in white, mixing trays for watercolor, ink and paints.















