

Mastering Mixed Media

Intuitive Mixed Media for Self-Care with Jessica Swift

Supply List:

- Cradled wooden panel (I used a 10x10" panel, but any size will do)
- Gouache paint (I use Holbein brand Acryla Gouache, but any gouache or acrylic paint will work)
- Round brushes, sizes 2, 4, 6 (these are my favorite size brushes, but any brushes you like will work!)
- Posca paint pens (other brands of paint pens will also work)
- Prismacolor colored pencils (any colored pencils will work, though I highly recommend Prismacolors)
- White copy paper
- Black pen or black colored pencil
- Glue (I used Tombow Mono Aqua Liquid glue, but any glue will do)
- Scissors