

Supply List for BB's Lesson: Play, Then Refine: Creating an Intuitive Art Journal

- 2 large pieces of sturdy paper as a base
 - I'm using mixed media paper, each measuring 14"x17" (approximately 35cm x 43 cm)
- Acrylic ink and/or paint
 - I'm using Daler Rowney acrylic ink in Payne's Gray and Flame Orange and Fluid Prussian Blue from Golden
 - If you do not have acrylic ink, you can water down acrylic paint to make it fluid
- White gesso (or white paint)
- Spray bottle + water cup
- Heat gun
- Paint applicators
 - I use a mix of paint brushes, scrapers, and a Catalyst wedge
- Matte medium and/or glue stick
- Light weight collage papers or tissue
- Tape
- Mark making drawing utensils
 - I like to pick a variety in the color scheme I'm working with. Having a mix of water soluble and permanent options.
- Gelli Plate (optional)
 - I use this very briefly — not needed if you don't have one readily available.
- Stencils
- Ruler
- Thread + hand sewing needle
- 1/8" hole punch (or awl to poke holes)
- Strip of fabric or lightweight canvas for journal closure

Specific supplies:

Jumbo Glue Stick: <https://amzn.to/3Yc9gEN>

Tape with holes - drywall tape: <https://go.shopmy.us/p-34812693>

"Mesh" cotton fabric: <https://amzn.to/4807hbV>

BB's Stencils: <https://tidd.ly/4sQ5i2B>