

# Layers of *Play* with Jenny Grant



Hello creative souls!

I am so excited to share my magic world of mixed media art with you.

Spending time in my studio without any specific goals except to unwind, explore new ideas, and get into my creative flow, really energizes me. I enjoy letting the artwork guide me, discovering the story it wants to tell me. My approach is relaxed and a bit messy, but when I get in the zone, it feels like pure magic.

## Welcome to Layers of Play!

In this lesson I invite you to explore one of my favourite mixed media processes, Transparent Layers. Through a playful, relaxed, and slightly messy process, you'll watch the painting emerge from the layers of paint. Jenny will guide you step-by-step, encouraging you to embrace the "ugly phase" and keep going until you discover the soul of your painting. This class is all about enjoying the journey and creating in a way that feels fun and freeing.

You will see how my work expands and grows as we go! I hope I can encourage you to listen to your soul, follow what you enjoy doing and enjoy the process free from concern about the finished painting. Let your feelings lead the way and paint the transparent layers of play.



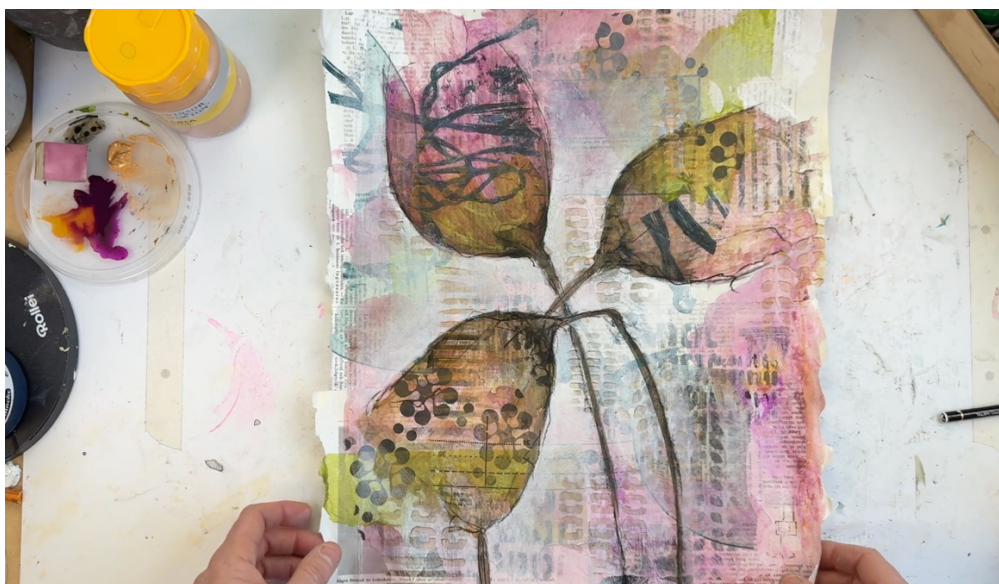
# Layers of *play* with Jenny Grant

## List of Supplies

One of the pitfalls when working with mixed media is to buy loads of art supplies and then not use them. Trust me, there are so many fun things to buy, BUT you can get a long way with just a few supplies, everyday items that you can use as tools and, of course, plenty of scraps. If you have a piece of thick paper or cardboard, some acrylic paint, some matt medium, some scrap paper for collage, and a pencil you will be good to go.

Here is the list of the supplies that I use in this class:

- A piece of thick paper, size 16,5"x12" (42x30cm).
- Scraps of papers - paper from an old books, thin tissue paper and napkins.
- Acrylic matt medium to use in collage. I use Liquitex, Matte Medium.
- Acrylic Paints I use Ivory White, Titanium White, Black, Van Dyke Brown and Light Gold.
- Acrylic Ink I use Yellow Oxide, Deep Violet and Sepia
- A hard tool such as an old credit card to move the medium around. I use a Palette knife.
- Pencils for sketching. I use a black Stabilo All, Aquarellable, (paper, glass, plastic and metal). This works really well on acrylic paint.
- A couple of paint brushes.
- A couple of stencils
- Water spray bottle, old plastic lids, a makeup sponge and a couple of rags



# Layers of *Play* with Jenny Grant

## The Process

### Paper Collage and Contrasting Marks



I begin by adding a layer of paper collage. This is a quiet, meditative way to ease into the process while creating a base for the transparent layers that will come later.

Once the collage is in place, I add contrasting marks using dark acrylic paint and a stencil. These marks start to bring a bit of structure and energy to the surface.

### Add color with Tissue Paper and Acrylic Ink

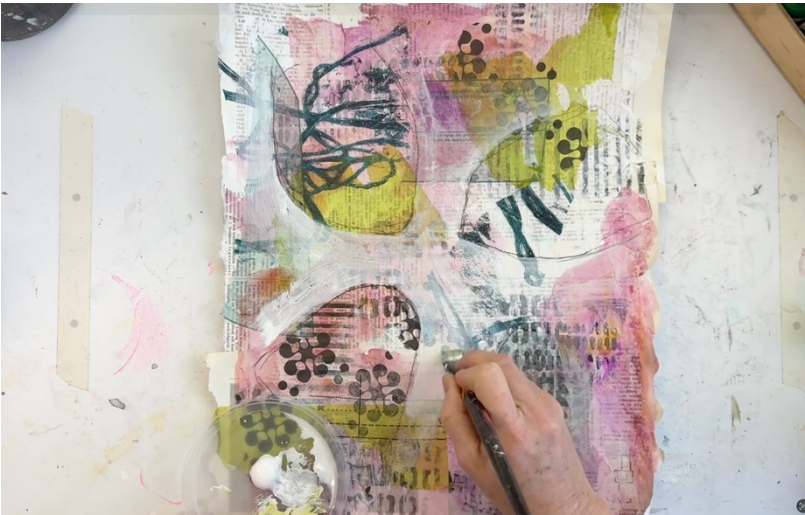


To bring everything together, I begin with a transparent layer of Ivory White over the surface. This gently binds all the elements into one cohesive base.

I then start adding color and more marks using transparent tissue paper. This is a lovely way to build soft, layered color while still letting the collage underneath show through. To deepen the color and add more variation, I continue with acrylic ink.

# Layers of *play* with Jenny Grant

## Painting the Negative Space



I begin by drawing simple flower shapes on the surface. Nothing needs to be precise here, just soft lines to guide the next step.

Then I start painting the negative space around the flowers using a transparent white paint. This helps the shapes slowly emerge while still letting all the beautiful layers underneath show through.

## Final Touches



I begin by adding a touch of color to the flowers with a transparent layer of Acrylic Ink.

Then I add some simple line work to bring a bit more definition and detail to the shapes.

To finish, I return to the same stencil and add a few marks in gold on top. This ties everything together and adds a subtle highlight to the piece.

# Layers of *Play* with Jenny Grant

## Artist Bio

Jenny is a mixed media artist working with her art business full time. She has found the magic creative spark within herself and she is on a mission to inspire and guide others to explore theirs. She does this through her art, her online workshops and her in-person workshops around the world.

Jenny loves painting on big canvases, and she's equally passionate about Art Journaling. She works in an interesting process adding layers upon layers to her artwork, creating richness, depth, and texture. For Jenny, there are no boundaries, no right or wrong, and no mistakes in her creative process. The process in itself is the fun! Being creative lets her explore herself, teaches her to let go and be loose, and to stay fully present in the moment. Her base is her studio, Studio Flow, just north of Stockholm, Sweden.



## Connect with Jenny

Instagram: [@flowbyjenny](https://www.instagram.com/flowbyjenny)

Facebook: [JennyGrantArt](https://www.facebook.com/JennyGrantArt)

YouTube: [FlowbyJenny](https://www.youtube.com/FlowbyJenny)

Pinterest: [FlowbyJenny](https://www.pinterest.com/FlowbyJenny)

[www.jennygrantart.com](http://www.jennygrantart.com)