

A MIXED MEDIA TUTORIAL  
BY  
KIALA GIVEHAND

# MASTERING MIXED MEDIA EXPO 2026

PLAY THE PAGE: GAMES, PROMPTS & INTUITIVE  
LAYERING FOR MIXED MEDIA ARTISTS

BY KIALA GIVEHAND, MFA, EDS

# ABOUT THE LESSON

• LAYERS • SYMBOLS • GAMES •

This lesson explores how play can become a powerful companion designed to help you bypass perfectionism, soothe the inner critic, and access deeper levels of intuition. Join mixed media book artist Kiala Givehand for playful layering techniques, spontaneous mark making, and exploratory collage, all designed to keep you engaged with the process rather than attached to the results.

What if mixed media is just about staying in motion, remaining curious, and experiencing joy?

In this playful mixed media session, I invite you to loosen your grip on outcomes and rediscover art-making through intuitive collage, chance-based prompts, and creative games. Using simple tools you'll get lots of ideas about how to keep your work alive, responsive, and surprising.

# SUGGESTED SUPPLIES

## PAPER

I'm using the 11 x 14 Master's Touch Mixed Media Paper Pad from Hobby Lobby. [CLICK HERE](#) to see the exact one I'm using. The cover is different because I've had mine for years. Any paper that is at least 98lbs will do.

## PAINT

I'm using acrylic paint from [Nova Color](#) in the following colors:

Payne's Gray, Blue Ocean (now called Blue Green), Transparent Red Iron Oxide ,  
Chromium Oxide Green

I didn't use their gesso, but I love theirs - the white and the black.

I love these paints because they hold true to their color over time (ie, they are lightfast), it is artist grade paint at a student grade price, and the company was started by two Mexican Immigrants (ie, people of color).

## OTHER TOOLS & SUPPLIES

Gesso

Water reactive graphite stick

Handmade foam stamps & Stencils

Newsprint

Paint brush & Water

Awl & Bone folder or paper creaser

Needle & thread for bookbinding

Deli paper (waxed on one side)

White paint pen

Caran D'ache Neo Color 2 Crayons

Mixed Media Inspiration Deck by Kiala Givehand (that's me!)

The Felt Tarot by Jamie Sawyer

Game board dice

Glue stick

# THE MMID CARD PROMPTS

## THE MIXED MEDIA INSPIRATION DECK BY KIALA GIVEHAND

[CLICK HERE](#) to grab one for yourself.

The Mixed Media Inspiration Deck™ Empowerment Edition is a set of 90 inspirational guide cards designed to inspire your mixed media and creative journaling practice.



## THE FELT TAROT BY JAMIE SAWYER

[CLICK HERE](#) to grab this deck.

[GO HERE](#) to hear Jamie talk about this deck and her process for creating it.

There's also a [PART TWO](#).

These cards are ink and paper just like a normal tarot card. She created them from felt for the colors and flocked vinyl for the lines... once finished, they were scanned into the computer in order to be templated as a working tarot deck.

# ABOUT KIALA...

## CONNECT WITH ME ON INSTAGRAM - @KIALAGIVES



Kiala Givehand is a published poet, bookbinder, teacher, fountain pen collector, and road trip warrior. She believes in surrounding herself with ordinary humans who live extraordinary lives, gathering with people who make her laugh & love uncontrollably, and living a life radically intent on cultivating happiness (R.I.C.H.).

Kiala is a double Capricorn, ambivert who grew up on the Gulf Coast of Florida where she learned to appreciate and respect hurricanes, humidity, and the transformational powers of the sun, the moon, and the ocean. She holds six academic degrees in a variety of subjects from various Universities, but the one she cherishes most is her M.F.A. from Mills College where she found and fell in love with Book Art.

Kiala is proud of many things, but at the top of the list is having a successful 20 year professional teaching & training career at the K-12 and College levels, being married to her best friend of over 37 years, raising her nephew Treavor, mentoring more than 100 women over the last 35 years, and unapologetically pursuing her creative and entrepreneurial dreams. She now runs two successful online businesses and through online courses and in person retreats, teaches women all over the world how to find what makes them happy and pursue it without regrets. Check out [SacredMakers.com](https://SacredMakers.com) to learn more.

Kiala sees handmade journals as vessels for sharing the journey and documenting our lives. And while many believe that Book Art is a complex skill that only a select few can master, Kiala is on a mission to demystify creativity, handmade books, journaling, and poetry, in order to make them all accessible to anyone who wants to document their ideas, images, and stories, or leave a legacy of the written word. Through her love for fine writing instruments, paper, words, stencils, and handmade books, Kiala has been able to cultivate a soul-nourishing creative life that includes Book Art, SoulCollage®, poetry, lots of silly doodling, and tons of creative exploration & discovery.

Meet her in person at a workshop or retreat. Be sure to check out her [Book-in-a-Day series](#) on YouTube, subscribe to her Substack publication - [Becoming a Mystic](#), follow her online shenanigans at [kialagivehand.com](https://kialagivehand.com) and connect with her on Instagram ([@kialagives](#)).