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Mastering Mixed Media 2026:
"Playful Supplies"

Suggested Supplies List:

IMPORTANT: This lesson is all about playing with YOUR favorite supplies, tools and materials, the ones you already have and already love, as well as anything you might have around the house that feels tempting to you.

That's why I encourage you to gather them *before watching the video*, so your inner critic doesn't get a chance to tell you that you need this or that supply you'll see me use, and make you procrastinate. This is about getting playful in the moment, in your own unique way.

- Substrate: your art journal or a sheet of heavy paper (watercolor, mixed media, card stock, cereal box...).
- Painting tools and mark-making tools of your choice, for instance paint brushes, plastic card, brayer, palette knife, stamps... and of course, your fingers!
- A small stash of collage materials, for instance a few magazine pages, colorful papers, book pages etc. Don't overthink and gather anything that inspires you in the moment.
- Glue of your choice. My favorite is matte gel medium.
- Your choice of :
 - pens, pencils, crayons, pastels, markers etc.
 - paints and/or inks like acrylic, watercolor, craft paints etc.
- Other optional tools: spray bottle, heat gun, rag or kitchen towel

Plus anything else that takes your fancy!