

Creative Soul Play

with Tamara LaPorte



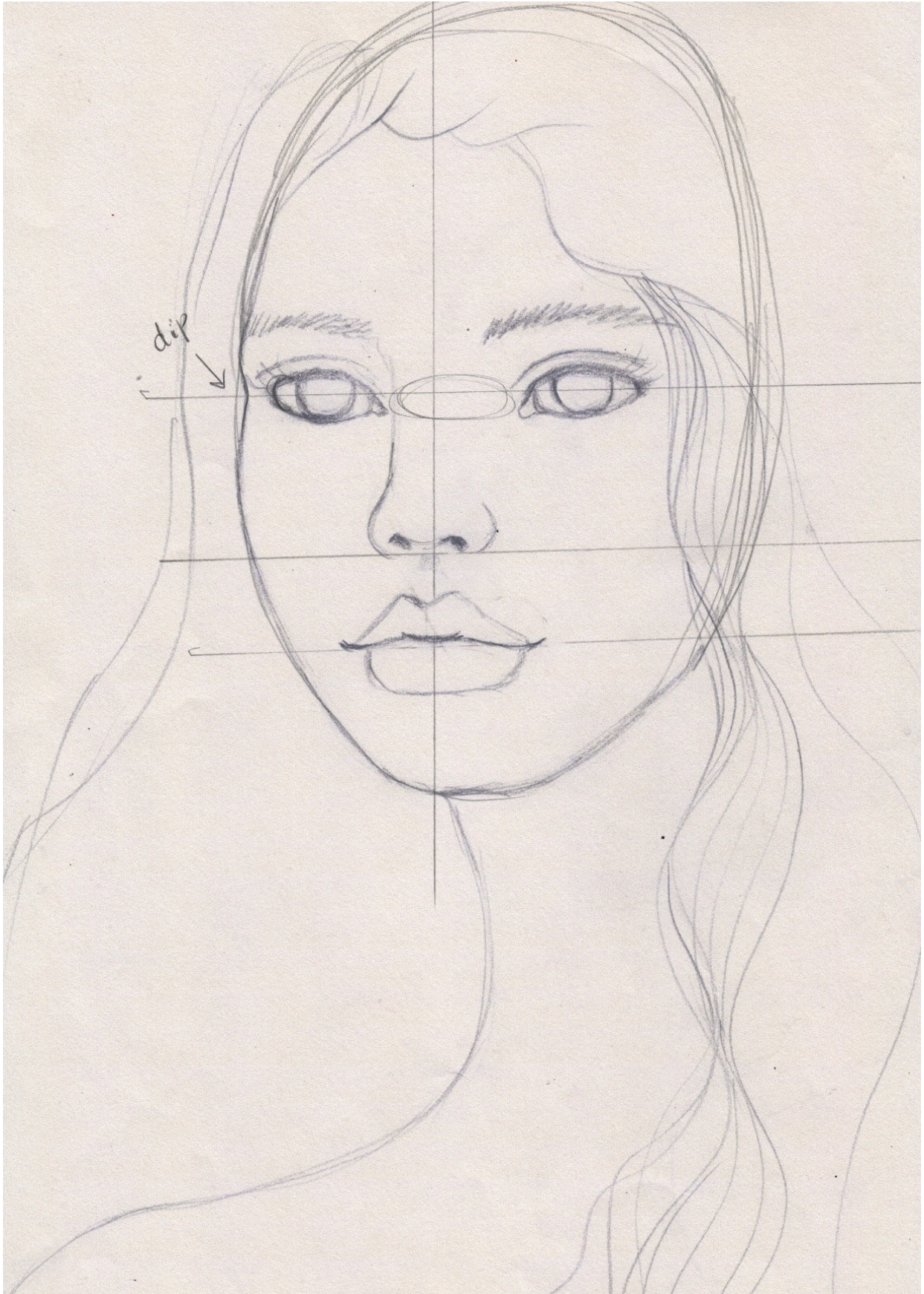


Supplies used this session

Please note, below are the supplies I used, but you can substitute the supplies if and where needed if you don't have what I've used. And some of these supplies/ layers are optional

- ◆ I worked in my art journal that contains hotpressed watercolour paper (140lbs). You don't have to work in a journal though, just use watercolour paper either hot or cold pressed. Aim for size 9 x 12 or a smaller.
- ◆ Watercolour paints in peach, brown, red-violet, purple and black. I use Schmincke but any brand will do
- ◆ Acrylics in peach tone (I used 'pale rose blush' by Winsor Newton) & titanium white
- ◆ Colour pencils in purple and brown
- ◆ Blending stump
- ◆ Stabilo all pencil black
- ◆ Posca pen in black and white
- ◆ Bamboo skewer or other tool to 'etch' with
- ◆ If you want to trace you'll need some graphite paper

Breakdown of Design



Or trace the design, I also include a front facing option if you prefer:



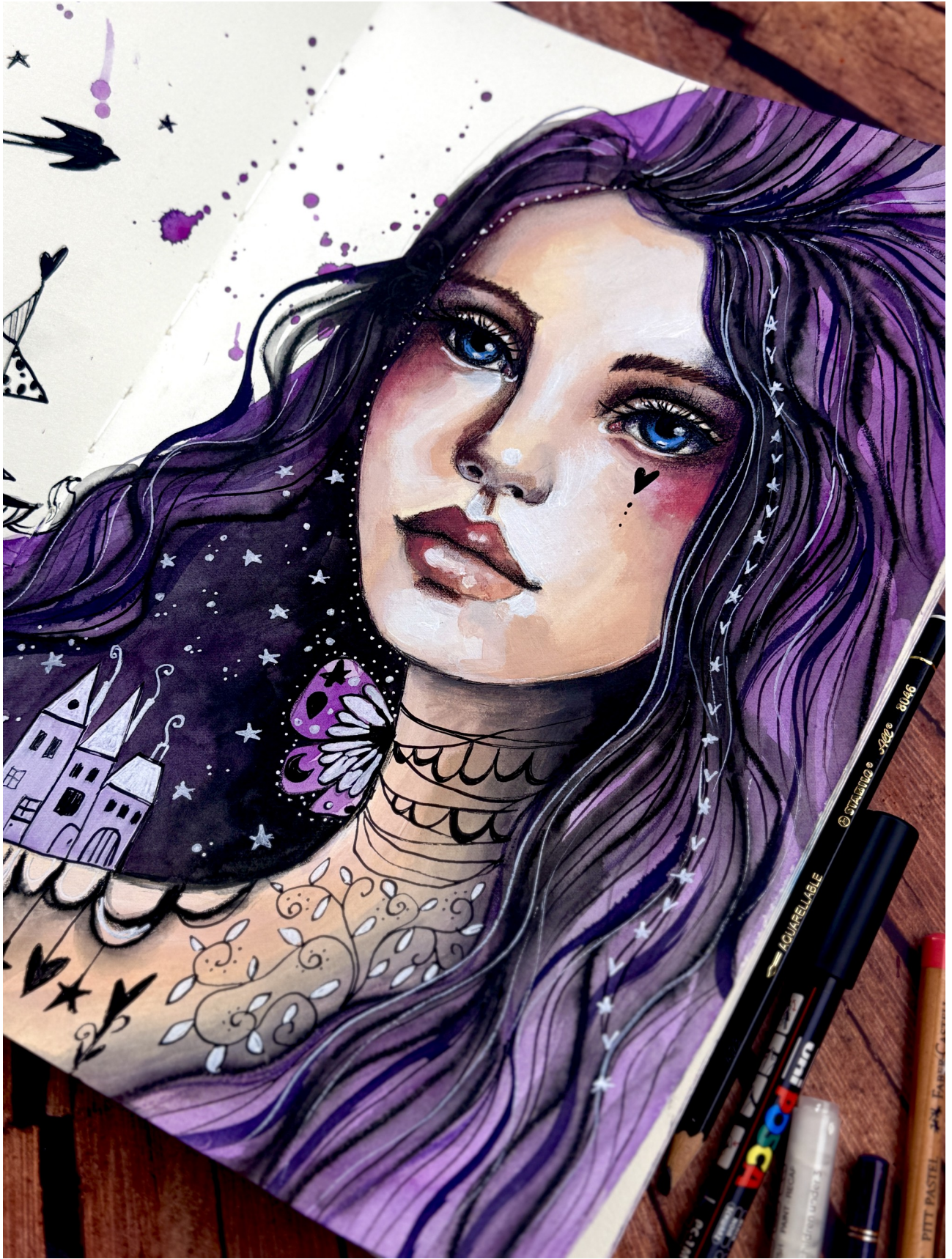


Ideas for doodles. Choose doodles and symbols that feel personal and fun to you. Allow yourself to playfully discover them as you draw.



Images of Artwork







My Free gift!

Self Love Affirmation Cards

Have you always been intrigued by mixed media art making but found it a bit intimidating looking? Well, look no further: I'm Tamara Laporte from Willowing Arts and I want to show you **how fun** mixed media is and how you can create some really beautiful affirmation cards with relatively easy mixed media steps.

I believe that everyone deserves to make art and I believe that everyone CAN make art.

Yes, even you. 😊



Self Love Affirmation Cards

with tamara laporte

[Click here and submit your email.](#)

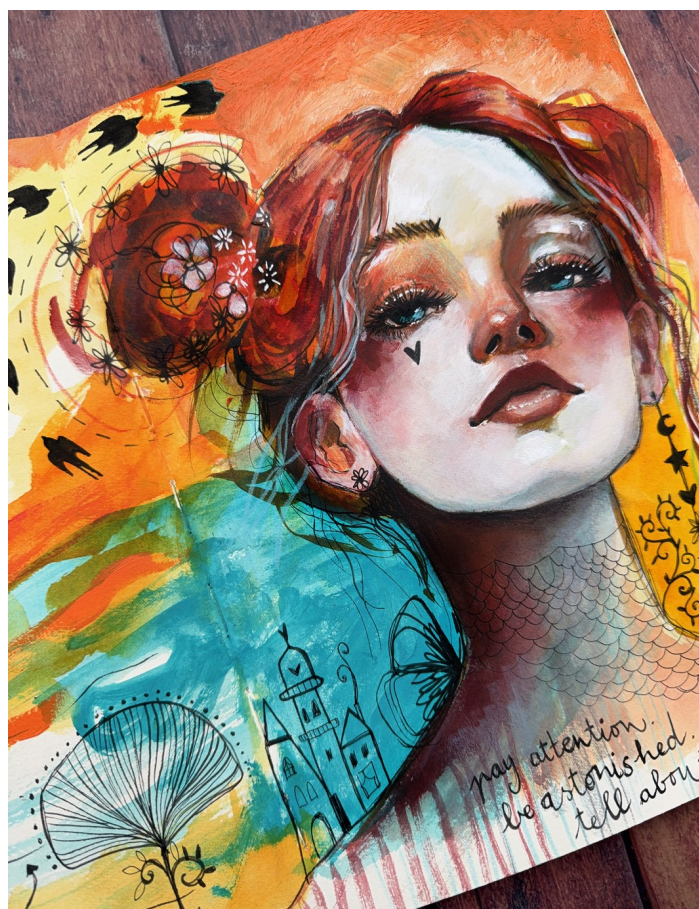
You'll then receive an email with details about accessing your free class.

YAY! 🎉❤️

Enjoy creating your self lovec affirmation cards!

About Tam

Tamara Laporte (also known as 'willowing') is a creative catalyst of thousands of beautiful people. She is a celebrated mixed media artist, art teacher & author who has been running her creative business since 2008. [Her work](#) can be described as "mixed media folk art". It ranges from whimsical children's illustrations to a more stylised fantasy art. Love, mystery, innocence, hope, spirituality, kindness and self-connection inspires her art work. Symbolism and layering play a big part in her work. Her paintings often contain healing themes, uplifting messages and inspirational poetry.

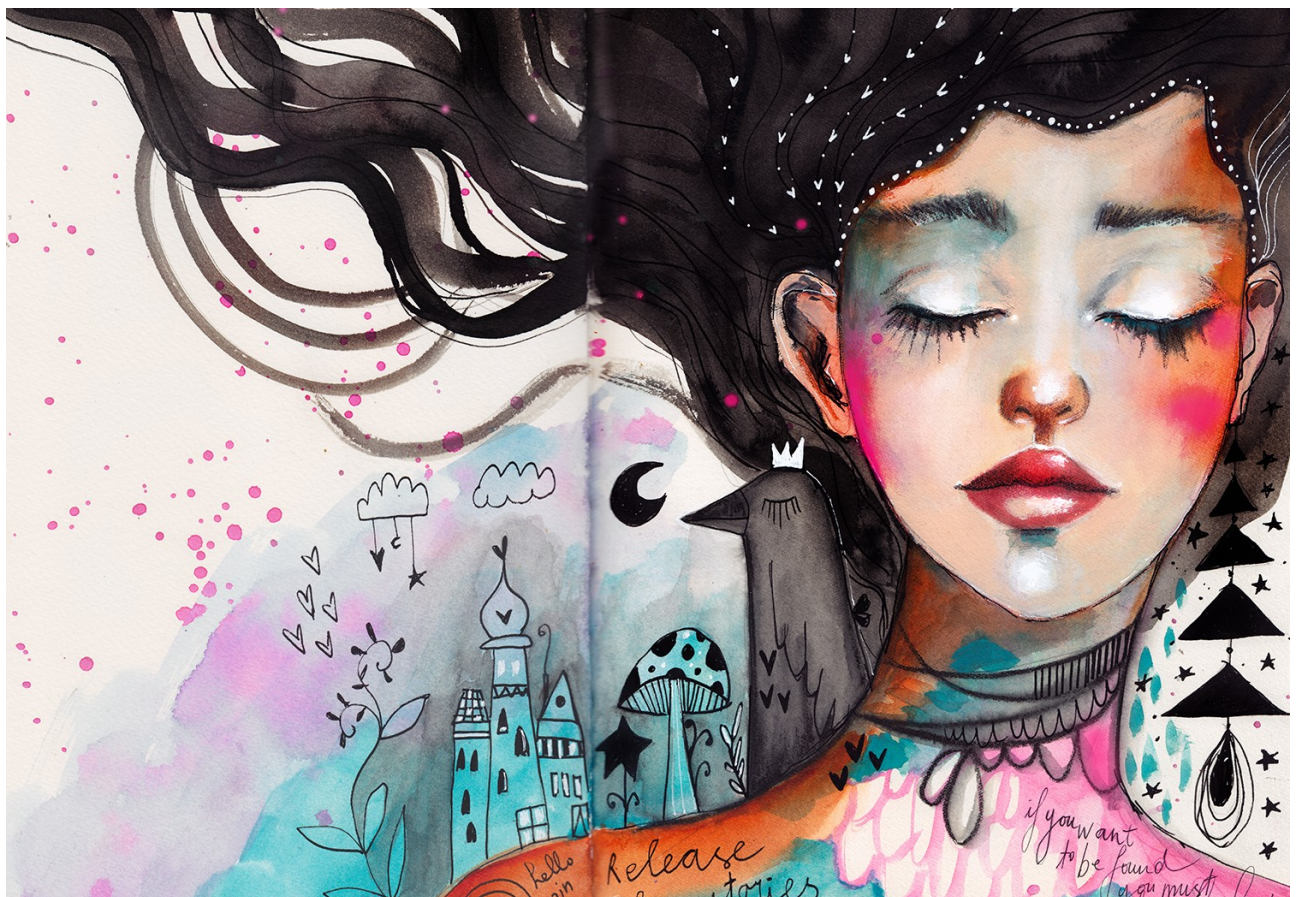


Tam believes that the act of creating art can be a gateway into healing and personal growth - often, her [art classes](#) contain an element of self development as well as learning art techniques. She is deeply devoted to helping people get in touch with their creative fire and would [love to help YOU too](#) to get in touch with the artist in you!

Deeply passionate and caring for the well-being of the world and its people, Tam works tirelessly to bring uplifting, nourishing, creative and empowering content to her amazing creative community who live all over the globe.

Her work and articles have been published in several art magazines and books and she's been interviewed for several online podcasts and summits. She runs a variety of popular art classes on her [website](#) which has over **82,200+** members and grows with about 300 - 400 mixed enthusiasts each month!

Tam lives and works in the South of England with her handsome husband Andy, two magical sons Dylan & Elliot, her 4 hilarious doggos and a gaggle of chickens.



Let's Be Friends! I love hanging out online!

IG: <https://www.instagram.com/willowing/>
TikTok: http://tiktok.com/@tamara_laporte
FB: <https://www.facebook.com/willowing>
FB Group: <http://bit.ly/WillowingFriends/>
Pinterest: <https://www.pinterest.co.uk/willowing/>
Youtube: <https://www.youtube.com/willowingarts>
Newsletter: <http://eepurl.com/gYU1D9>

